



## **St Benedict's Centre Newsletter**

### **February 2022**

February can often feel like a dull month, the expectations of January and the new year are passed, but we haven't quite reached the lighter days and warmer air that heralds spring. We have lots to offer you at the Centre in the coming months and look forward to welcoming you to one of more of the events you will find in this newsletter. Please do share the information with your friends and churches.

### **Forthcoming events at the Centre**

#### **Weekly Wednesday Eucharist**

Join us in the Pilgrim Chapel for a Eucharist held every Wednesday 12.15 – 12.45pm. No booking required.

# St Benedict Days: Principles of Benedictine Spirituality – A new series of six day-courses

*St Benedict's*  
CENTRE

## ST BENEDICT DAYS

St Benedict's wisdom for daily life in 2022  
A series of days focusing on Benedictine values



**15th February: Stability**  
**10th May: Listening**  
**14th June: Conversion**  
**11 July: Pilgrimage**  
**14th September: the Bible**  
**15th November: Worship**

Coffee from 9.30  
starting at 10 am ending at 3 pm

Please bring lunch with you hot drinks  
and biscuits will be provided  
**Cost £20**

To book please contact:  
[bookings@stbenedictcentre.org](mailto:bookings@stbenedictcentre.org)  
52 Swan Street, West Malling, ME19 6JX



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*...a place apart*

## St Benedict Days: Stability

Tuesday 15<sup>th</sup> February 2022

Coffee from 9.30, 10am - 3pm

*St Benedict's*

### ST BENEDICT DAYS: STABILITY

A day course at St Benedict's Centre exploring  
the Benedictine principle of stability

*Led by Rev Jane Winter*



**15th February 2022**  
Coffee from 9.30 starting at 10 am  
ending by 3 pm

Please bring lunch with you hot drinks  
and biscuits will be provided  
**Cost £20**

To book please contact:  
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Our first in the series of day courses exploring Benedictine spirituality focuses on stability. It will be led by Rev Jane Winter.

We live in a time that can feel very destabilised when the things that give structure to our lives are threatened - things like job losses, illness, a house move, retirement, the pandemic, any change to

a daily routine.

Stability gives us a sense of security which is essential for our wellbeing and flourishing.

During the day we will discover what Benedict meant when he required stability from the monks who joined his community. We will look at what the bible teaches us about stability. We will consider how we can draw from Benedictine stability when we do not live in a monastic community and how we can apply this to our daily living.

Cost £20 including hot drinks and biscuits, please bring lunch with you.

To book please contact [bookings@stbenedictscentre.org](mailto:bookings@stbenedictscentre.org)

## Walking with Jesus

Tuesday 22<sup>nd</sup> February

Coffee from 9.30am for 10am – 3.30pm

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CENTRE

# WALKING WITH JESUS

A monthly walk from St Benedict's Centre reflecting on an aspect of Jesus' life

From St Benedict's Centre  
Tuesday 22 February 2022  
9.30am for 10am ending at 3.30pm

Cost £20  
Including hot drinks please bring your own lunch and wear suitable clothing for a potentially muddy walk.

Join us for a leisurely walk through quiet lanes, meadows and paddocks as we reflect on how Jesus prepared his disciples for his death and resurrection.

To book please contact:  
[bookings@stbenedictscentre.org](mailto:bookings@stbenedictscentre.org)  
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Join us on the third of our regular leisurely walks through local countryside reflecting this time on Jesus preparing his disciples for his death and resurrection

We gather from 9.30 to set off at 10am aiming to be back in time to join the Sisters for Sext at 12 noon.

After lunch you have the opportunity to retrace the morning walk again on your own or with a small group; to walk in the Centre grounds, or just to sit and reflect in solitude.

We conclude with an act of worship in the Pilgrim chapel at 3pm.

Cost for the day is £20 including hot drinks. Please bring lunch with you and come prepared for a potentially muddy walk!

To book please contact [bookings@stbenedictscentre.org](mailto:bookings@stbenedictscentre.org)

## Looking ahead: March and April

### The Art and Soul of Lent

Tuesday 1<sup>st</sup> March

Coffee from 9:30 for 10am – 3pm

St Benedict's CENTRE

**THE ART AND SOUL OF LENT**  
Using paintings as a focus for reflection and challenge at the start of Lent  
*Led by Rev David Guest vicar of Otford*

at St Benedict's Centre  
Tuesday 1 March  
9.30-10am ending at 3pm

Cost £20  
(including hot drinks biscuits and pancakes)

To book please contact:  
[bookings@stbenedictscentre.org](mailto:bookings@stbenedictscentre.org)  
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A Lent quiet day led by Rev David Guest, vicar of Otford.

During this quiet day, paintings will be used as a focus for reflection and challenge at the start of lent.

Cost £20 including hot drinks, biscuits and pancakes.

To book please contact [bookings@stbenedictscentre.org](mailto:bookings@stbenedictscentre.org)

**Monday afternoons in Lent** join us as we use the Archbishop's Lent book 'Embracing Justice' to find ways to practice justice in our churches and communities.

2pm March 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup>, April 4<sup>th</sup>

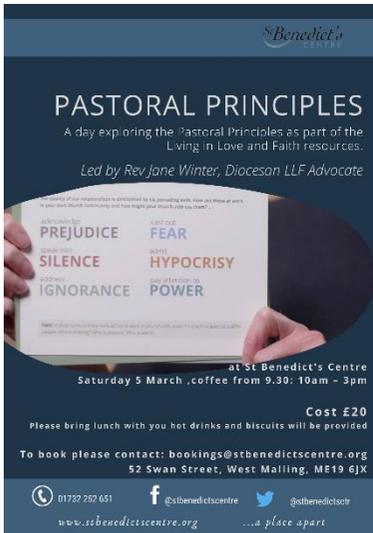
Cost for the course £10

To book please contact [bookings@stbenedictscentre.org](mailto:bookings@stbenedictscentre.org)

## **Pastoral Principles**

Saturday 5<sup>th</sup> March

Coffee from 9.30: 10am – 3pm



A day exploring the Pastoral Principles as part of the Living in Love and Faith resources, led by Rev Jane Winter.

How can we learn to relate better to one another across the differences and diversity that we find in our church communities? The five-session course encourages us to find creative ways to

grow and learn together in the love of God.

The day will cover all the sessions giving us plenty to take away and think about.

Cost £20 including hot drinks, biscuits.

To book please contact [bookings@stbenedictscentre.org](mailto:bookings@stbenedictscentre.org)

**The Hour Has Come:** The Passion in real time  
Wednesday 30<sup>th</sup> March, 10am-3pm

A quiet day focusing on the final days of Jesus' life, using scripture passages, reflection and prayer to immerse us in the pace and urgency of that story. Led by Andrew Nunn, Dean of Southwark, author of *The Hour has Come*  
Cost £20. Please contact [bookings@stbenedictscentre.org](mailto:bookings@stbenedictscentre.org)

## Ministry of Administration

6 April 2022

Coffee from 10am for 10:15am-3pm



A day for Church Administrators led by Ven Andy Wooding-Jones.

Church Administrators are an essential part of parish mission and ministry. This day seeks to affirm your ministry in three ways: by recognising that the vocation of administration is a call from God to build the church; by equipping you to be able to flourish in

situations where others may think and act very differently to yourself, and resourcing your ministry through existing networks and providers.

Cost £20. Please contact [bookings@stbenedictscentre.org](mailto:bookings@stbenedictscentre.org)

## Day Guests



Our 10 quiet study rooms offer the space to rest and reflect in solitude at the Centre.

You can book one of these rooms for £12.

This includes hot drinks, the use of the beautiful grounds and the opportunity for private prayer in the pilgrim chapel and of joining the Sisters in their offices.

Your booking can be changed or cancelled at short notice if need be, at no cost.

Did you know we offer gift vouchers for individual quiet days – the perfect gift for someone in ministry.

To book your day of rest and retreat, or to purchase a voucher contact: [bookings@stbenedictscentre.org](mailto:bookings@stbenedictscentre.org).

Don't forget you can find us on:  
[www.stbenedictscentre.org](http://www.stbenedictscentre.org) twitter: @stBenedictsCtr  
Facebook: @StBenedictsCentre