



St Benedict's Centre Newsletter

August 2022

We enjoyed a glorious, warm July, and welcomed some new individual guests and groups, including members of Diocesan Advisory Councils from London and the South East. Some of our visitors commented on how much fresher it was at the Centre than in their offices, even in the heat.



Much of the spring and summer growth has now come to maturity; wild flowers have seeded ready for next year and our feathered friends have fledged. But during August we will continue to provide a place of stillness for deep growth and encounter with God and one another.

The programme has a holiday feel. We hope that you will find something here that inspires you to come along, to rest a while in this month and tread on holy ground.

Forthcoming events at the Centre

Weekly Wednesday Eucharist

All are welcome to join us in the Pilgrim Chapel for a Eucharist held every Wednesday 12.15 – 12.45pm.
No need to book.

Poetry day

Tuesday 2nd August, 9.30 for 10am till 3pm



St Benedict's

Poetry Day

**Led by Rev'd
Alisoun Francis**

at St Benedict's Centre
Tuesday 2nd August
9.30 for 10am-3pm
Cost £20
(Please bring lunch with you
hot drinks and biscuits will be provided)

To book please contact:
bookings@stbenedictscentre.org
52 Swan Street, West Malling, ME19 6JX

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www.stbenedictscentre.org ...a place apart

Rev'd Alisoun Francis is leading a day for us in exploring the gift of poetry as a way of communicating with God.

In whichever way we engage with poetry – through free verse or more structured poems, through writing, reading or speaking poetry – it is a medium that engages first and foremost with our

hearts. Poetry offers us a real heart-to-heart with God.

*Cost £20 including hot drinks and biscuits. Please bring your own lunch. To book:
bookings@stbenedictscentre.org*

The Beach

Tuesday 9th August, 9.30 for 10am till 3pm

St Benedict's
Join us for a day on THE BEACH
Led by Rev'd Canon Mandy Carr
Author of The Beach
Encountering God through
play and imagination
at St Benedict's Centre
Tuesday 9th August
9.30 am for 10am ending by 3pm
Cost £20
children free
Please bring a picnic lunch with you
hot drinks and biscuits will be provided
To book please contact:
bookings@stbenedictscentre.org
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Who doesn't love a day on the beach?

We don't promise salt water, but we do promise sand and there may even be a few fish to find!

Come and share a Day on the Beach with Canon Mandy Carr, who will take us on an immersive journey encountering God through imagination and play.

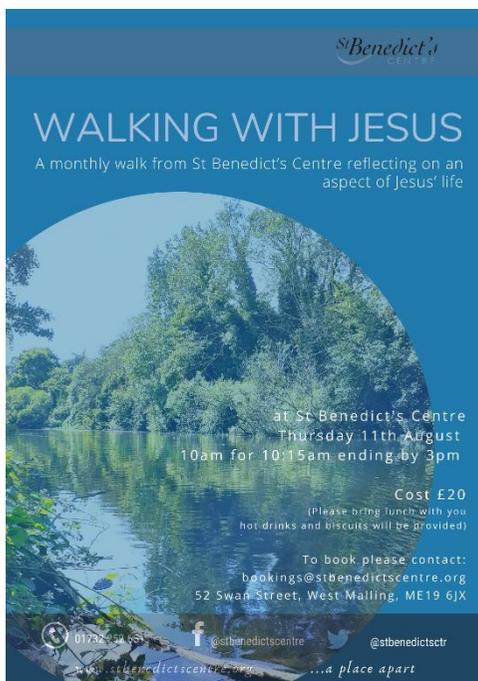
The inspiration for this day is Mandy's book *The Beach*; copies will be available to purchase. Don't forget your picnic.

*Cost £20 (Children free) including hot drinks and biscuits.
To book: bookings@stbenedictscentre.org*

Walking with Jesus

Thursday 11th August, 10 for 10.15am till 3pm

Led by Rev'd Jane Winter, we will go on another of our walks, learning from Jesus in the way his first disciples did.



The walk will take us through local countryside, where we will enjoy the summer season in all its mature fullness.

We will be revisiting earlier walks from winter and then spring, to walk this time through the summer landscape.

Our focus will be on the Transfiguration and how that encounter speaks to us today.

Cost £20 including hot drinks and biscuits. Please bring your own lunch. To book: bookings@stbenedictscentre.org

Creative Arts Day

Tuesday 16th August, 9.30 for 10am till 12.30pm

St Benedict's Centre
Tuesday 16th August 2022
9.30 for 10am - 12.30pm
Cost £15
Including hot drinks and biscuits

Our imaginations can be God's playground
Tapping into art can be a deep and meaningful way to expand upon our prayer and worship time

To book please contact:
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Will I rush and fly
Through an endless list of tasks
Or give my day to God?

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...a place apart

We are delighted to welcome back Lisa Nissen and Sue Smith for another creative arts day.

Those who came to the day back in April were amazed at the creativity Sue and Lisa were able to release in art and in words.

This is a long morning rather than a day, but you are welcome to stay on to enjoy the

space of the Centre and engage creatively with our creator God.

Cost £15 including hot drinks and biscuits. To book: bookings@stbenedictscentre.org

Further ahead: September

New term, new start, new opportunities:

8th – The heavens Declare

Engaging in the God and science debate.

12th – Family history day

Discovering the story of our past and God's presence in it.

14th – Benedictine wisdom day

The next in our series, with a focus on the bible.

21st – Orisons Day

God, the bible, prayer and today's difficult issues.

22nd – Walking with Jesus

Encountering Jesus as we walk together like the first disciples.

22nd till 2nd October – Music @ Malling

Look out for events at the Abbey. More information at:
musicatmallling.com

***To book for any of these events please contact
bookings@stbenedictscentre.org***

We very much hope to welcome you at one or several of our events.

Come and enjoy exploring the peaceful surrounds, walking the labyrinth or simply sitting in one of the beautiful spots for quiet reflection. You are also warmly invited to join in prayer with the Sisters for Sext (midday), None (3pm) and Vespers (4.45pm).

A private study room will usually be available for you to use when you attend one of our events, but please check availability when booking.

Please pass this newsletter on to anyone who might be interested. They can also request to be added to the mailing list by emailing bursar@stbenedictscentre.org



The events listed in this newsletter can also be found at

<https://stbenedictscentre.org/programme/>

Copies of this newsletter can be downloaded from our website: <https://stbenedictscentre.org/blog/>

Day Guests



Our 10 quiet study rooms offer the space to rest and reflect in solitude at the Centre.

You can book one of these rooms for £12.

This includes hot drinks, the use of the beautiful grounds and the opportunity for private prayer in the pilgrim chapel and of joining the Sisters in their offices.

Your booking can be changed or cancelled at short notice if need be, at no cost.

Did you know we offer gift vouchers for individual quiet days – the perfect gift for someone in ministry.

To book your day of rest and retreat, or to purchase a voucher contact: bookings@stbenedictscentre.org.

Don't forget you can find us on:

<https://stbenedictscentre.org/> as well as on

twitter: @stBenedictsCtr and

Facebook: @StBenedictsCentre