



St Benedict's Centre Newsletter

October 2022



The rain has come, and everything turns green again before turning to the rainbow colours of Autumn. The fields are harvested and at the Centre the apples are ripe for picking. After the drought we can still celebrate harvest.

Our events this month offer the opportunity to consider our own harvest offerings: giving to God what has been growing in us of prayer, discipleship, mission and ministry. It is a season of rich generosity – God's generosity to which we respond with thankfulness and with renewed commitment

to grow in our relationship with the God who lavishes love on us all.

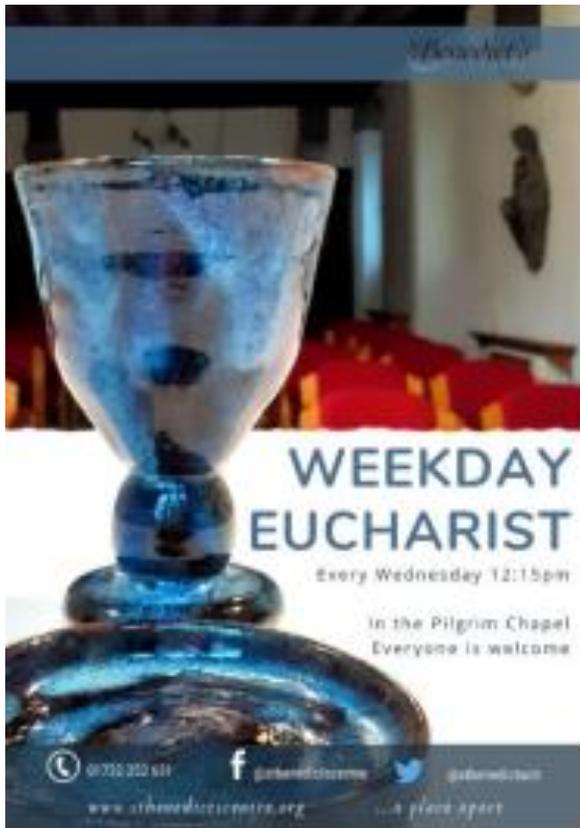
We do hope you will join us for one or more of the forthcoming events. Please do share the newsletter with others.

Forthcoming events at the Centre

Weekly Wednesday Eucharist

All are welcome to join us in the Pilgrim Chapel for a Eucharist held every Wednesday 12.15 – 12.45pm.

No need to book.



Living life using the rhythm of the cloister Wednesday 12th October, 9.30 for 10am till 3pm

St Benedict's

Living life
using
the rhythm of the cloister

Led by Rt Rev Dr Laurie Green

The monastic life is structured around prayer and worship, work, rest and recreation. This day helps us to adopt a similar rhythm to our own living, ensuring we can live life to the full.

at St Benedict's Centre
Wednesday 12th October
9.30 for 10am - 3pm
cost £20
Please bring lunch with you. Hot drinks and biscuits will be provided.

To book please contact:
bookings@stbenedictscentre.org
52 Swan Street, West Malling, ME19 6JX

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...a place apart

The monastic life is structured around prayer and worship, work, rest and recreation.

These four elements are arranged around the Benedictine cloister: the Abbey for worship, rooms for work, cells for rest, and space for recreation.

Walking a cloister reminds us that these four elements provide a healthy balance to the

rhythm of the day.

Most of us do not live in a cloistered community. We find our days often out of kilter with the pressure of work, meeting demands and squeezing out time for prayer, rest and recreation. The cloister still offers us a balanced rhythm to our days.

Bishop Laurie Green will lead the day and help us discover our own cloister rhythm as he leads us through a cloister journey.

Cost £20 including hot drinks and biscuits. Please bring your own lunch. To book:

bookings@stbenedictscentre.org

Arts Day

Thursday 20th October, 9.30 for 10am till 3pm

St Benedict's

ARTS DAY

*Being where we are:
a day exploring sacredness of space*

*Using mixed-media collage
to help us discover
the presence of God
in the world around us.*

Led by Rev'd Anne Le Bas.

at St Benedict's Centre
Thursday 20th October
9.30 for 10am ending by 3pm

Cost: £20
Please bring lunch with you,
hot drinks and biscuits will be provided.

To book please contact:
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Knowing where we are placed is important to our security and identity.

We stand on holy ground in places of worship, but in fact we may regard all ground as holy because it is the Lord's.

Rev'd Anne Le Bas will lead this day, to help us explore the sacredness of place, and where we belong.

Using mixed media, we will create collages to help us express our sacred place, the place where we discover God in the world around us.

Cost £20.00 including hot drinks. Please bring your own lunch. To book: bookings@stbenedictscentre.org

Walking with Jesus

Thursday, 27th October, 10 for 10.15am till 3pm



St Benedict's

WALKING WITH JESUS

An Autumn walk exploring Jesus' teaching on generosity in this season of mellow fruitfulness.

Led by Rev'd Jane Winter

At St Benedict's Centre
Thursday 27th October
10am for 10.15am ending by 3pm

Cost £20
Please bring lunch with you,
hot drinks and biscuits will be provided

To book please contact:
bookings@stbenedictscentre.org
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An Autumn walk led by Rev'd Jane Winter.

We will explore Jesus' teaching on generosity in this season of mellow fruitfulness.

As we appreciate the beauty of Autumn, so we are led to consider the generosity of God lavished in life in all its fullness through the season of harvest and creation-tide.

Cost £20.00 including hot drinks. Please bring your own lunch. To book: bookings@stbenedictscentre.org

Music @ Malling continues this month with events held at St Mary's Church and the St Benedict's Centre: on the 23rd October, the Centre will host the Scratch Orchestra.

This free event provides an opportunity to learn to create music from scratch, joining some of the UK's finest workshop leaders and musicians in a Sunday music making session for children aged 5+ (well behaved parents can join in too).

More information at: musicatmallling.com



Looking ahead

We now offer a calendar of events happening at the Centre to help you plan further ahead. You can pick up a copy when you visit the Centre or [download the full programme from our website](#).

November

9th: Preparing for Advent, led by the very Rev'd Andrew Nunn, Dean of Southwark Cathedral

15th: St Benedict and worship, led by Sr Mary John

22nd: Walking with Jesus, led by Rev'd Jane Winter

24th: Great Oaks from Acorns Grow, a quiet day led by Rev'd Alan Vousden

December

14th: Advent Gifts, a quiet day led by Rev'd Harriet Johnson

21st: Walking with Jesus, led by Rev'd Jane Winter

Day Guests



Our 10 quiet study rooms offer the space to rest and reflect in solitude at the Centre.

You can book one of these rooms for £12.

This includes hot drinks, the use of the beautiful grounds and the opportunity for private prayer in the pilgrim chapel and of joining the Sisters in their offices.

Your booking can be changed or cancelled at short notice if need be, at no cost.

Did you know we offer gift vouchers for individual quiet days – the perfect gift for someone in ministry.

To book your day of rest and retreat, or to purchase a voucher contact: bookings@stbenedictscentre.org

Don't forget you can find us on:

<https://stbenedictscentre.org/> as well as on

twitter: @stBenedictsCtr and

Facebook: @StBenedictsCentre